

Introduction: What's your favourite food? Do you like milk? What do you have for breakfast? We'll have of fun while learning about the meals of the day!

| Summary                   |   |
|---------------------------|---|
| <b>Subject/Discipline</b> | English   |
| <b>Weekly theme</b>       | My body/Health: Nutrition   |
| <b>Age group</b>          | 5-6 years old   |
| <b>Main topic</b>         | The meals of the day  |
| <b>Key concepts</b>       | <ul style="list-style-type: none"><li>• Healthy food</li><li>• Unhealthy food</li><li>• Favourite food</li><li>• The meals of the day</li></ul> |

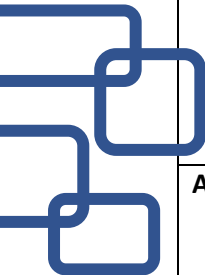
| Learning Objectives   |   |
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| <ul style="list-style-type: none"><li>• Use vocabulary related to food to ask and answer questions about what food they like or don't like</li><li>• Ask and answer what they favourite food is</li></ul> | <ul style="list-style-type: none"><li>• Name and identify the three meals of the day</li><li>• Use vocabulary related to food to ask and answer questions about daily meals</li><li>• Interact with peers (in pairs) in a guided dialogue: <i>What do you have for breakfast? I have...</i></li></ul> |

**Equipment/material needed**

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| <ul style="list-style-type: none"> <li>● Computer</li> <li>● Internet connection</li> </ul> | <ul style="list-style-type: none"> <li>● Youtube <ul style="list-style-type: none"> <li><a href="https://www.youtube.com/watch?v=CCke0NvGy70">https://www.youtube.com/watch?v=CCke0NvGy70</a></li> <li><a href="https://www.youtube.com/watch?v=IW5TXrKbsq4">https://www.youtube.com/watch?v=IW5TXrKbsq4</a></li> <li><a href="https://www.youtube.com/watch?v=TrJhdNd3MIA">https://www.youtube.com/watch?v=TrJhdNd3MIA</a></li> </ul> </li> <li>● Wordwall <ul style="list-style-type: none"> <li><a href="https://wordwall.net/resource/29886403/dinner-lunch-breakfast">https://wordwall.net/resource/29886403/dinner-lunch-breakfast</a></li> <li><a href="https://wordwall.net/resource/51943126/food/healthy-vs-unhealthy-food-quiz">https://wordwall.net/resource/51943126/food/healthy-vs-unhealthy-food-quiz</a></li> <li><a href="https://wordwall.net/resource/56879362">https://wordwall.net/resource/56879362</a></li> </ul> </li> <li>● Let's eat healthy: Healthy eating <ul style="list-style-type: none"> <li><a href="https://www.healthyeating.org/products-and-activities/games-activities/myplate">https://www.healthyeating.org/products-and-activities/games-activities/myplate</a></li> </ul> </li> </ul> |
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| Lesson Outline      |          |   |
|---------------------|----------|---|
| Phase of the lesson | Duration | Description   |
| Warm-up             | 5 min    | Invite children to listen to the song <i>I'm hungry</i> and sing along.<br><a href="https://www.youtube.com/watch?v=CCke0NvGy70">https://www.youtube.com/watch?v=CCke0NvGy70</a>  |
| Main activity       | 10 min   | <p>Invite children to watch the videoclip to revise the vocabulary related to food. Play the videoclip and ask the children to repeat each word related to food in chorus or individually. Ask them if they like that food: <i>Do you like eggs?</i> Guide them how to answer it: <i>Yes, I do. /No, I don't.</i><br/><a href="https://www.youtube.com/watch?v=IW5TXrKbsq4">https://www.youtube.com/watch?v=IW5TXrKbsq4</a></p> <p>Get children in a circle and engage them in a 'chain' game. Ask a child: <i>Do you like pizza?</i> and the child has to answer (<i>Yes, I do/No, I don't.</i>). The child asks another child a question starting with <i>Do you like...</i> The idea is that the chain will go on as long as the children ask and answer correctly; if they fail, they'll have to start the chain from the beginning. Challenge children to play it as long as possible.</p> |

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|                   | 10 min | <p>Tell children some food is healthy and good for us whereas some food is not healthy. Elicit what they know about this. Play with them the wordwall game; discuss each item; ask children to repeat the words and tell you if they are healthy or not: <a href="https://wordwall.net/resource/51943126/food/healthy-vs-unhealthy-food-quiz">https://wordwall.net/resource/51943126/food/healthy-vs-unhealthy-food-quiz</a></p> <p>Get children in a circle and engage them in a talk about favourite food. Throw a small ball to a child and ask him/her: <i>What's your favourite food?</i> and the child who catches it has to answer. The child then throws the ball to a different child and asks that child the same question, etc. Also, ask them if the food is healthy or unhealthy (<i>Is it healthy? Yes, it is/No it isn't.</i>).</p>  |
|                   | 15 min | <p>Ask children to listen to the song introducing the meals of the day and sing along with the video. <a href="https://www.youtube.com/watch?v=TrJhdNd3MIA">https://www.youtube.com/watch?v=TrJhdNd3MIA</a></p> <p>Ask children what the meals of the day are and engage them in drilling exercises to repeat the vocabulary (breakfast/lunch/dinner). Do the following activity with the children asking them to identify the three meals of the day. <a href="https://wordwall.net/resource/29886403/dinner-lunch-breakfast">https://wordwall.net/resource/29886403/dinner-lunch-breakfast</a></p> <p>Play the song again and ask them what Moo has for breakfast/lunch/dinner. Personalize the activity. Ask them to tell you what they have for breakfast/ lunch/ dinner.</p> <p>Revise the questions (<i>What do you have for breakfast/lunch/dinner?</i>). Revise the answers to these questions (use the flashcards in the recommendations). Have the dialogue with the class first: ask them the questions and have them answer you; then the other way round. Get children in pairs and invite them to have a dialogue: <i>What do you have for breakfast? I have milk and cereal.</i>, etc.). Ask pairs to demonstrate their dialogue in class.</p> |
| <b>Assessment</b> | 10 min | <p>Do the following activity with the children asking them to identify the three meals of the day. <a href="https://wordwall.net/resource/29886403/dinner-lunch-breakfast">https://wordwall.net/resource/29886403/dinner-lunch-breakfast</a></p> <p>Invite children to play the following wordwall game and sort the food according to the meal. <a href="https://wordwall.net/resource/39207532/breakfast-lunch-dinner">https://wordwall.net/resource/39207532/breakfast-lunch-dinner</a></p>  |



**Conclusions and recommendations**

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| <ul style="list-style-type: none"> <li>● Do this lesson in several sessions if you think your children need more time to practice its vocabulary and structures.</li> <li>● Expose children to vocabulary by talking, singing, listening!</li> <li>● Ask children to repeat the new vocabulary and engage them in a range of amusing activities.</li> <li>● Provide children with interactive experiences where they can use and practice the vocabulary.</li> <li>● Support vocabulary acquisition by introducing and playing vocabulary games which revise specific words to children (I Spy (I spy something beginning with..) or rhyming words (“I spy something that rhymes with ....”).</li> </ul> | <ul style="list-style-type: none"> <li>● Use songs and story as they present words in a context in a memorable way: <a href="https://learnenglishkids.britishcouncil.org/listen-watch/short-stories/greedy-hippo">https://learnenglishkids.britishcouncil.org/listen-watch/short-stories/greedy-hippo</a></li> <li>● Use flashcards to introduce, practice or revise vocabulary: <a href="https://wordwall.net/resource/28721525/flashcards-breakfast-lunch-dinner">https://wordwall.net/resource/28721525/flashcards-breakfast-lunch-dinner</a></li> <li>● Revise vocabulary by using new songs. Ask children to listen to and sing along. <a href="https://www.youtube.com/watch?v=rgD29iGFTUU">https://www.youtube.com/watch?v=rgD29iGFTUU</a><br/><a href="https://www.youtube.com/watch?v=EIVIRgueliA">https://www.youtube.com/watch?v=EIVIRgueliA</a></li> </ul> |
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Project website [www.preedtech-project.eu](http://www.preedtech-project.eu)