

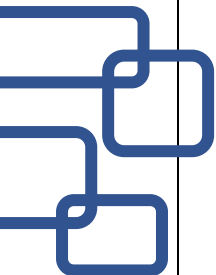
Can you take a melon from a tree? Where do the fruits and vegetables grow? Why do we have to eat fruits and vegetables?

Summary		
Subject/Discipline	Environmental Education	
Weekly theme	Fruit and vegetables	
Age group	5-6 years old	
Main topic	A game about Fruits	
Key concepts	<ul style="list-style-type: none">• Fruits and vegetables• Trees and plants	<ul style="list-style-type: none">• Vegetable garden• Healthy diet

Learning Objectives	
<ul style="list-style-type: none">• Understand that eating fruit and vegetables is an important part of a healthy diet.	<ul style="list-style-type: none">• Observe fruit and vegetables.• Plan a school vegetable garden.

Equipment/material needed	
<ul style="list-style-type: none">• Laptop or desktop computer o tablet.• Internet connection	<ul style="list-style-type: none">• Animaker

Lesson Outline		
Phase of the lesson	Duration	Description
Warm-up	5 min	Ask the children how many fruits and vegetables they eat every day. Ask to show if any of them have fruits for lunch.
	5 min	Ask the children if they know how fruits and vegetables grow. Talk about creating a garden of vegetables in the school.



Main activity	10 min	Play a Kahoot about healthy aliments like this: https://create.kahoot.it/share/healthy-or-not/8901d36f-32fe-4641-9b17-faab2e42b25a
	30 min	Divide the class in two or more groups. Each group has to think about some vegetables or fruits and help the teacher to fill more questions to the Kahoot. The other groups can try to solve the Kahoot.
	10 min	With the help of Canva, draw with children the garden you want for your school. In this example, you can see a garden and a tomato plant. You can add the school map and all the plants you want. https://www.canva.com/design/DAFj7Q96JrQ/rVG5kdICG7H-kvSMjYYZeA/edit?utm_content=DAFj7Q96JrQ&utm_campaign=designshare&utm_medium=link2&utm_source=sharebutton
Assessment	5 min	Kahoot can share the results of the quiz.
	5 min	Discuss with children about healthy aliments and the vegetable garden.

Conclusions and recommendations

- With the help of Canva, children can draw the garden they desire. You can print it later and compare it with the real garden later.

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